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DENVERARTMUSEUM.ORG

Textiles: Introduction to Crochet

Ruby Red Workshop
Tuesdays, 5:30 – 7:30 pm
4-week session, February 10 – March 3, 2026
Educator: Sadie Young, spectraartdenver@gmail.com

CLASS DESCRIPTION

This 4-week class will offer a well-rounded introduction to the art of crochet taught by Sadie Young, the creator of *The Tangled Self*, an installation at the Denver Art Museum. Class will begin with instruction on the basics of crocheting in 2D, using single crochet and double crochet, allowing students to work on a small project, such as a scarf or beanie. Later, students will expand their knowledge of 2D stitches and build a deeper understanding of different stitches with hands-on assistance. As the class progresses, students will learn more complex methods of crocheting and how to crochet in the round, perform color changes, and more! Students will also learn about the basic tools needed for crocheting as well as tips and tricks for specific tools. This class will cover the differences between yarn types and provide guidance on where to source various yarns. The instructor will introduce students to the basics of reading patterns and impart the necessary foundational knowledge and confidence to crochet simple items without a pattern. The goal of this class is for students to leave the course with the knowledge they need to continue crocheting on their own as well as leave classes with finished items to treasure forever! The class will spend time in the installation *The Tangled Self*, where students will learn how the instructor problem-solved specific sculptural and 2D elements inside of the installation.

Pricing:

Museum Friend: $130/ Member: $135/ Student: $135 / Non-Member: $160
**Students will purchase their own materials and should expect to spend $30-50.*

Refund and Class Cancellation Policy:

The Denver Art Museum adheres to a no-refund, no-exchange policy. If you are unable to attend, please consider your payment a tax-deductible donation.

If a class or workshop is cancelled by the Denver Art Museum due to inclement weather or teacher illness, a make-up day will be scheduled on a later TUESDAY as the educator's schedule allows.

Accessibility Statement:

To request large print materials, a sign language interpreter, CART or any other accessibility service, please email Access@DenverArtMuseum.org at least ten (10) business days in advance of the program. We will make every effort to provide accommodation for requests made outside of that window of time.

Please see further information about accessibility, parking, and directions to the DAM here: https://www.denverartmuseum.org/en/accessibility

Materials:

Students must purchase their own materials and bring them to each class session. The anticipated materials spend is $30-50.

The DAM partners with Denver-based Meininger Art Material to create class materials kits that can be ordered online and picked up or shipped locally. Students must pre-buy the kits online via the Meininger's website before the first day of class.

Item	Quantity	Suggested Link
Crochet Hooks and Stitch Markers	1 set	Crochet Hooks, set of 9
Sketchbook and Pen	1	Up to you!
Worsted Weight Acrylic Yarn	1 set or 2 skeins minimum, color up to you!	Red Heart Super Saver Yarn Or Red Heart Super Saver Jumbo Yarn

Note:
If you choose to purchase the second yarn option above, please be sure to buy at least two skeins of different colors. During the first session of class, the instructor will go over different types of yarn, these yarns are just to get you started!

What to Expect:

Students will need no prior knowledge or experience crocheting to attend this class! Students can expect a mix of classes where we all start a project as a

group that can be taken home to be finished and brought back with questions, as well as classes focused on small experiments to learn stitches needed for basic patterns. We will also have at least one class where we make something special, start to finish, in the session. I would love to take students to The Tangled Self so we can discuss how I created the pieces for that installation as well.

Timeline:

Week 1

- Single crochet & double crochet
- Hook size and hooks
- Tension
- Class goal: Students will have started a scarf in two colors to take home and finish. Bring the scarf back to Week 2 with any questions.

Week 2

- Questions from last class
- Work on simple double crochet beanie
- Learn FLO and BLO techniques and how to measure head size
- Learn to use tapestry needles to sew a 2D panel into a beanie
- Learn to read basic patterns & more stitch play
- Class goal: Students will leave with a new, small project to work on at home.

Week 3

- Start and complete a 3D conversation heart to take home
- Thinking in the 3D

Week 4

- Continued work on projects and stitch play
- Flexible session based on student interest

Educator:

Sadie Young is a multimedia and installation artist whose practice spans crochet, fine oil portraiture, carpentry, and immersive installations. While she has explored a variety of mediums, her solo artistic voice resonates most strongly through fiber arts. Since creating her first large-scale yarn installation in 2020, Sadie has been captivated (hooked) by the medium's versatility and tactile connection. Though she continues to explore other materials and mediums in her large-scale projects & studio practice, yarn remains at the heart of her solo work.

Sadie's art is deeply influenced by her background in psychology, particularly Jungian concepts, which inspire her exploration of the self and emotional landscapes. She earned her BFA from MSU Denver in 2015 and months after founded Spectra Art Space, a woman-owned gallery and immersive art experience venue in Denver. Spectra supports emerging and local artists through rotating exhibitions, events, and award-winning immersive experiences, with a mission to make art accessible to creators and patrons alike. Spectra has received several awards including recognition as #1 in Arts and Entertainment from Entrepreneur Magazine's list of America's 150 Favorite Mom-and-Pop Shops and multiple accolades from Westword Magazine for Best Immersive Experiences. In 2023, Sadie was honored as a Marquis Who's Who listee.
As Spectra's founder, creative director, chief curator, and installation artist, Sadie has spearheaded 11 large-scale immersive experiences and created installations for events around Denver like the Denver Film Festival. Sadie has been hosting, producing, and curating music and art events in Colorado since 2009. She continues to produce dynamic events and installations that invite audiences to reflect, connect, and engage with art on a transformative and accessible level.

www.spectraartspace.com

WORKSHOP SPACE POLICIES

About:

The Ruby Red Workshop is a dedicated space for Creative Classes and adult programs located on the first floor of the DAM's Martin Building. Students can expect a traditional style art workshop with tables and four-legged chairs with backrests. There are a variety of other seating options available. Sinks, soaps, paper towels, and waste receptacles are accessible in the workshop. Restrooms are located in the elevator bay just outside the workshop entrance. Food and beverages are allowed inside the workshop space, please ensure that you do not enter any galleries with these items.

Each class is different and does not follow a strict or set structure, but will generally include instructor presentations and demonstrations, class gallery visits to view artworks in the DAM collections, individual work time supported by class instructor and assistant, and discussion or share-out time of finished works and works-in-progress.

Cleanup:

Please remove all artworks from the classroom at the end of each class. If wet paintings or in-progress artworks need to be stored in the classroom, there is limited storage on drying racks and in the equipment closet. Students must take home their own materials after each class. Please ensure that art supplies and equipment belonging to the DAM are put back in the appropriate locations. Sponges, paper towels, and cleaning solution are provided in the classroom for cleanup.

Classroom Access:

Students will have access to the classroom only during scheduled class hours. Please contact Mia DeBakker, Creative & Public Engagement Coordinator, if you need to arrange entrance to the Workshop outside of those hours – mdebakker@denverartmuseum.org.

QUESTIONS

Questions about class content, curriculum, materials, etc. can be directed to Mia DeBakker at mdebakker@denverartmuseum.org or Sarah Rockett at srockett@denverartmuseum.org.

For any questions concerning your registration, please reach out to our Sales & Service Team at info@denverartmuseum.org or (720) 913-0130.

Thank you for being part of Creative Classes at the DAM!